

Specialty Dance

Check out these exciting classes for Juniors (ages 7-12)
and Teens (ages 13-18) Fall 2019

Studio Hip Hop: Rooted in African dance, hip-hop is great for any dancer looking to expand their dance training. Dancers will learn different styles of hip-hop, as well as the culture and history behind them.

Jr. Hip Hop - Wednesdays, 5:00 in Longmont, Thursdays 5:00 in Frederick
Teen Hip Hop - Wednesdays, 6:00 in Longmont, Thursdays 6:00 in Frederick

Musical Theater/Performance for Dancers : Born out of Broadway, musical theater combines dance, singing and acting, and students will do a bit of each in this class. Focus will be mainly on musical theater choreography and performance quality.

Junior Musical Theater - Beginning-Mondays, 5:00, Int/ Adv- Mondays, 5:00-6:00

Teen Musical Theater - Beginning - Mondays, 4:00, Int/Adv - Thursdays, 4:00-5:00

Improvisation/Composition: This class is for the Intermediate/Advanced dancer ages 12-18 who has an interest in improvisational techniques and creating dances. Students will explore different ways of making movement and composing their own works. This class will incorporate an end of the year showcase produced and choreographed by students. We ask that dancers make sure they are available on Saturday, May 16th before registering for this class.

Saturdays, 12:30-1:30

Barre Classes: Combining both modern and ballet techniques, this class gives dancers an hour dedicated to conditioning and training at the barre. Dancers looking to improve ankle strength, hip rotation, overall balance, control, and extension should consider taking this class. Dancers must be taking a jazz, modern or ballet technique of level 3 or higher.

Junior Barre: Saturdays 10:00, Teen Barre: Tuesdays, 4:00

Advanced Contemporary Choreography: This class is for the advanced dancer who is looking to increase their ability to pick up choreography quickly. Students will learn different choreography each week and practice performing in class. Nervous about conventions or workshops? This is a great class to help you get comfortable!

Junior - Wednesdays, 6:00. Must be enrolled in a Modern Level 2 or higher class

Teen - Saturdays, 9:00. Must be enrolled in Modern Level 4 or higher.

Strength & Stretch Classes! An hour dedicated to strengthening and stretching is a MUST for dancers looking to excel in their regular technique classes. Dancers will focus on conditioning the major muscle groups needed for dance, as well as increasing flexibility. Dancers should be prepared to push their limits each week to truly see growth and improvements.

Junior Strength & Stretch - Mondays, 4:00 Teen Strength & Stretch - Saturdays, 10:00

Boys' Technique Class: Airborne is so excited to offer a class specifically for boys. Taught by our awesome Broadway alum, Drew Heflin, this class will cover the areas of ballet, jazz and modern technique that are specifically for young male dancers.

Thursdays, 6:20

All classes are 55 minutes long unless otherwise stated.