

Teen Technique Classes

Teens: Ages 13-18

Junior and Teen classes offer students a deeper look into the specifics of dance technique. Whether it is ballet, tap or hip-hop, dancers will learn the detailed skills, choreography and history needed to excel in each form. Students will focus not only on what they are doing but HOW they are doing it, taking a fundamental knowledge of dance and developing it into proficient technical skill.

Levels and Placement: Please keep in mind that these ages are approximate. While these are a great starting point and we do consider the age of dancers, we treat each student individually when it comes to their level placement. We determine levels based on age along with physical and technical skill, years of experience, maturity and class etiquette. The first two weeks of each session will be used to determine if your student is in the right level.

Junior and Teen classes are different! Younger students and older students learn in different ways and that is why we have classes for both age groups. We expect teens to progress a bit faster than juniors and hold them to a higher standard of self-responsibility and accountability. Therefore, junior and teen levels will not always directly correlate with one another. We encourage parents and students to give less attention to the level number and more attention to the class content being covered. Our goal is for every student to be learning new material/concepts and finding new growth each and every class.

Schedules for Teen Dance Classes Summer 2019

Teen Ballet 1 - Wednesdays, 4:00-4:55
Teen Ballet 2/3 - Thursdays, 6:30-8:00*
Teen Ballet 4/5 - Thursdays, 6:20-8:20*

Advanced Ballet & Pointe Progressions (Ballet 4&5 only)
Fridays, 3:00-4:00

Teen Jazz 1 - Mondays, 6:00-6:55
Teen Jazz 2/3 - Tuesdays, 5:00-6:00*
Teen Jazz 4 - Tuesdays, 4:45-6:00*
Teen Jazz 5 - Tuesdays, 4:45-6:00*

Teen Tap 1/2 - Tuesdays, 7:00-8:00
Teen Tap 3 - Tuesdays, 6:00-7:00*
Teen Tap 4 - Tuesdays, 6:00-7:00*
Teen Tap 5 - Tuesdays, 6:00-7:00*

Jr/Teen Modern 1 - Thursdays, 3:00-4:00
Teen Modern 2/3 - Thursdays, 5:00-6:00*
Teen Modern 4 - Thursdays, 5:00-6:15*
Teen Modern 5 - Thursdays, 5:00-6:15*

Dress Code:

Ballet: Leotard and tights, pink leather ballet shoes

Jazz and Hip Hop: Dance pants or leggings, form-fitting top, tie or slip on jazz shoes for jazz. Bare feet for modern.

Tap: Dance pants or leggings, form fitting top, Mary Jane or Oxford style tap shoes.

Hip-Hop: Dance pants or leggings, form-fitting top, clean-soled sneakers.

Boys: Dance pants and a snug-fitting shirt, appropriate footwear for class.