

# Dancing Bees

Dance Classes for ages 2 ½ through Kindergarten

*Dance is a great way to build healthy patterns for both the brain and body.* Starting dance at a young age can develop positive habits and keep unhealthy habits at bay. Through a combination of play and structured routine, our DancingBees program benefits young children physically, mentally, socially and emotionally.

- *Build strong movement patterns.*
- *Learn about musicality.*
- *Explore their individual movement qualities.*
- *Build self-expression.*
- *Discover a love of dance.*

## Schedule for Summer 2019

DancingBees + Tap - Wednesdays, 4:00-4:55

DancingBees (no tap) - Saturdays, 9:00-9:45

### Dress Codes:

DancingBees: Ballet shoes (plus tap shoes if needed,) leotard, and tights. Skirt optional.

**Airborne**

FREDERICK, COLORADO