

Dancing Bees

Dance Classes for ages 2 ½ through Kindergarten

Dance is a great way to build healthy patterns for both the brain and body. Starting dance at a young age can develop positive habits and keep unhealthy habits at bay. Through a combination of play and structured routine, our DancingBees program benefits young children physically, mentally, socially and emotionally.

- *Build strong movement patterns.*
- *Learn about musicality.*
- *Explore their individual movement qualities.*
- *Build self-expression.*
- *Discover a love of dance.*

Schedule for the 2018-2019 School Year

DancingBees Ages 2½-4

Tuesdays 4:00-4:45

Saturdays 10:00-10:55 (+Tap)

DancingBees Ages 4½-6

Saturdays 10:00-10:55 (+Tap)

DanceNastics (dance and gymnastics combination class)

Tuesdays 1:15-2:30, ages 4-6

Mini-Hop Ages 4-6 (Introduction to Hip-Hop)

Mondays 4:00-4:55

Dress Code:

Ballet shoes (plus tap shoes if needed,) leotard, and tights. Skirt optional.